



SPEED, SAFETY, SPIRITUALITY

Meditation Retreat

FOR PROFESSIONALS FROM
TRANSPORT, TRAVEL & TOURISM SECTORS

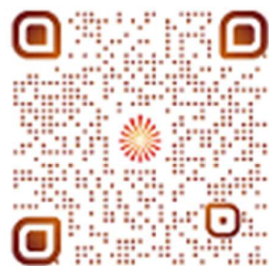
18 AUG TO 22 AUG 2023

GYAN SAROVAR, ACADEMY FOR A BETTER WORLD,
SALGAON, MOUNT ABU, RAJASTHAN

Details and Online Registration:

www.wheelsforpeace.org/retreat

Queries: 916 799 5250



BRAHMA KUMARIS

TRANSPORT WING, R.E.R.F

Details Overleaf

KEY TOPICS AND CONTENTS OF THE RETREAT



**Morning
Meditation**



**Zumba
Fitness**



**Meeting
Yogis**



**Games:
Learn with Fun**



**Dance in
Delight**



**Knowing Self
and God**



**Abu Darshan
Trip**



**Emotional
Healing**



**Transform
as you Travel**



**Enjoying the
Game of Life**



**Mood
Maps**



**Fundamentals
of RajYoga**



**Karma
Philosophy**



**The Story of
Time: My Story**

Important Note:

1. All sessions will be in Hindi.
2. Online Registration is subject to confirmation.

FOR REGISTRATION AND DETAILS:
www.wheelsforpeace.org/retreat

BRAHMA KUMARIS
www.brahmakumaris.com

TRANSPORT WING
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