

CONNECT with BRAHMA KUMARIS



Learn RajYoga Meditation

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Thought for Today

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A 24x7 TV channel available on DTH and online at www.pmtv.in



Brahma Kumaris

- An international socio-spiritual organization established in 1936
- More than 9000 branches across 137 countries
- International Headquarters' at Mt. Abu, Rajasthan
- An NGO member of the UN; has general consultative status with ECOSOC and UNICEF
- Recipient of one International and six national peace messenger awards
- Aims at World Transformation through Self-Transformation

www.brahmakumaris.com

'Speed, Safety, Spirituality'

29th July to 2nd August 2016

PROGRAMME SCHEDULE

Friday, 29th July, 2016

7 am - 5 pm	Registration
09.30 am	Relationship Management
05:00 pm	Overview of the Conference
06:00 pm	Inaugural Session

Saturday, 30th July, 2016

07.00 am	Meditation Session 1 Know the Eternal Traveller
09.30 am	Technical Session 1
	Target Oriented Achievements
11.00 am	Stretch Break
11.30 am	Group Dynamics with Games
04.30 pm	Technical Session 2 Kindling Self-Motivation
06.15 pm	Meditation - Experiencing Power of Silence
08.30 pm	Cultural Evening

Sunday, 31st July, 2016

07.00 am	Meditation Session 2 The Eternal Companion
09.30 am	Technical Session 3 Safety - Time for Action
11.00 am	Stretch Break
11.30 am	Interview with National Coordinator
04.30 pm	Technical Session 4 Calm in Crisis
06.00 pm	Meditation - Exploring Inner World of Silence

Monday, 1st August, 2016

07.00 am	Meditation Session 3 Rajyoga - The Journey to Regain Inner Powers
09.30 am	Technical Session 5 Power of Purpose
11.00 am	Experience Sharing and Q & A
12.00 noon	Lunch followed by Sight Seeing - Abu Darshan

Tuesday, 2nd August, 2016

07.00 am	Meditation Session 4
	Journey towards A Golden Era

Good bye for a New Beginning



15th National Conference-cum-Meditation Retreat

'Speed, Safety, Spirituality'

29th July to 2nd August 2016

Academy for a Better World, Gyan Sarovar, Mt. Abu

Organised by:

Transport & Travel Wing,
RajYoga Education & Research Foundation,
and Brahma Kumaris
International Headquarters: Pandav Bhawan,
Mount Abu - 307 501. Rajasthan

www.wheelsforpeace.org

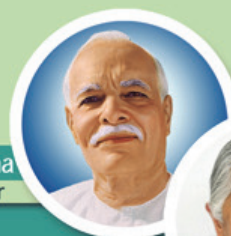
Why participate? Know the Benefits:

- Find time and space to explore the missing links between Speed and Safety
- Develop the skill of keeping calm, composed and relaxed, even at fast times by revisiting the inner landscape of spiritual wisdom
- Learn the art of ancient Rajyoga Meditation; a process which facilitates inner healing, enhances awareness, improves mutual understanding and fosters harmonious growth
- Relax, refresh, recharge; Rediscover the turning point in the expedition of your life

How to join? Register yourself:

- Participation in the event is available by prior registration on a first-come, first-serve basis.
- Register Online at www.wheelsforpeace.org/Conference2016
- Register Offline by submitting the enclosed registration form to nearest Brahma Kumaris centre
- Registration may be considered as approved only after you receive a note of confirmation

Prajapita Brahma
Founder Father



Dadi Janki
Administrative Head



Who can participate?

This programme is an invitation to all experienced professionals from Transport, Travel and Tourism sectors. We invite Leaders, Bureaucrats, Executives and Administrators to show the course for practical application of spiritual wisdom. Managers, Officers, Entrepreneurs, Business Heads, Owners, Operators and Trainers are invited to become skilled at the art of blending spiritual ethics with professional expertise.

Inquiries:

Chairperson:

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About Us

Transport & Travel Wing

- One of the 19 wings of R.E.R.F. - a sister organization of Brahma Kumaris
- Offers voluntary activities to personnel associated with transport, travel, tourism sectors
- Aims to strengthen the foundation of human values, To maximize efficiency alongside sense of satisfaction, by Organizing professional trainings, seminars, conferences and other programmes
- Has been actively addressing key issues like safety, travel-stress, addictions and travel ethics since 15 years



Our Activities

Railways

We conduct motivational training programmes, organize de-addiction camps, safety exhibitions, health check-up camps etc. for benefit of Indian Railways personnel.

Roadways

We address the important cause of road safety through educational programs, awareness drives, seminars, health check-up and de-addiction camps, social media campaigns and various other activities.

Tourism

We facilitate Spiritual Tourism by encouraging tourists to take a recreational break and experience peace and happiness through meditation.